



Learn a new skill this month with:

# The 30 Minutes of Learning Challenge.

Your learning journey is just as important as learning new skills.

Use this worksheet to commit to what you will learn this month, what you hope to achieve and track your progress along the way!

## My learning goals.

What I want to achieve this month:

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## My learning objectives.

How I plan to accomplish my goals:

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Monday	Tuesday	Wednesday	Thursday	Friday
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4 <b>Get started!</b>	5	6	7	8 <b>Week 1 done. ✓</b> How did you do?
🕒 hr mins	🕒 hr mins	🕒 hr mins	🕒 hr mins	🕒 hr mins
11	12	13 Don't forget to set aside <b>30 minutes to learn</b> this week!	14	15
🕒 hr mins	🕒 hr mins	🕒 hr mins	🕒 hr mins	🕒 hr mins
18 Half way through your challenge – <b>keep going!</b>	19	20	21	22
🕒 hr mins	🕒 hr mins	🕒 hr mins	🕒 hr mins	🕒 hr mins
25	26 Give yourself <b>a final push.</b>	27	28	29 <b>Congratulations! You did it!</b>
🕒 hr mins	🕒 hr mins	🕒 hr mins	🕒 hr mins	🕒 hr mins