

### PEN PRACTICE "

**MARCH 16 - FREE ADMITTANCE** 11AM - 7:20PM

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#### Library Corner



Posted: Saturday, February 25, 2017 3:13 pm

By Jennifer McQuade Owasso Library Manager | • 0 comments

#### **Programs for Adults**

Radical Home Economics Lunch Hour - MIA Monarchs: Thursday, March 2 (12-1 p.m.). Why are monarchs missing in action and why should we be concerned about their decline? Join us for a lunch hour discussion and discover why there has been a sharp decline in the monarch population, learn what hazards monarchs face and how you can help. You may bring your lunch. For adults.

Eat Better, Move More: Mondays, March 27; April 3, 10, 17, 24; May 1, 8, 15, 22 (11 a.m.-12 p.m.). This nine-week class for older adults and/or caregivers focuses on improving nutrition and introducing movement and exercise. Instructors will share ways to improve your nutrition and simple, fun ways to introduce movement and exercise into everyday routines. This class also will help you develop a plan that will enhance the quality of your life. Presented by the Oklahoma Healthy Aging Initiative. Registration is required. Call 918-549-7323 to register.

#### **Programs for Teens**

Trash Bots: Wednesday, March 22 (3-4 p.m.). Turn trash into treasure! This upcycling program merges circuit boards with trash. Presented by the Tulsa Children's Museum. For grades 4-7.

#### **Programs for Children**

My First Storytime: Wednesdays, March 1, 8, 15, 22, 29; Tuesdays, March 7, 14, 21, 28 (10-10:30 a.m.). Learn and enjoy songs, stories and activities that are just right for your little one at this lapsit storytime. For newborns to 2-year-olds and their caregivers.

Preschool Storytime: Wednesdays, March 1, 8, 15, 22, 29; Tuesdays, March 7, 14, 21, 28 (10:30-11 a.m.). The best in children's literature, songs, games, finger plays, rhymes and other reading-related activities are shared with your preschooler.







#### SPECIAL SECTION:





Popular

Commented

- 1. Frank Keating: I signed wind industry tax breaks, and I was wrong
- 2. Oklahoma football: Baker Mayfield arrested for public intoxication, resisting arrest
- 3. Two injured at Broken Arrow restaurant when Wagoner County reserve deputy's pistol discharges
- 4. Bill Haisten: As he consumes Ole Miss updates, Mike Gundy resents 'an uneven playing field' in the Sugar Bowl

More

**Stay and Play:** Wednesdays, March 1, 8, 15, 22, 29; Tuesdays, March 7, 14, 21, 28 (11-11:30 a.m.). For babies and toddlers, playing is learning! After our regularly scheduled storytime, join us for games, toys and activities that foster critical early literacy skills. For ages 5 and younger.

**PAWS for Reading:** Wednesday, March 8 (4-5 p.m.). Registered therapy dogs are excellent listeners. Kids ages 5-10 are invited to read their favorite books to a furry, four-pawed friend. Each reader will receive a free book provided by the Tulsa Library Trust. Class size is limited and registration is required. Call 918-549-7323 to register.

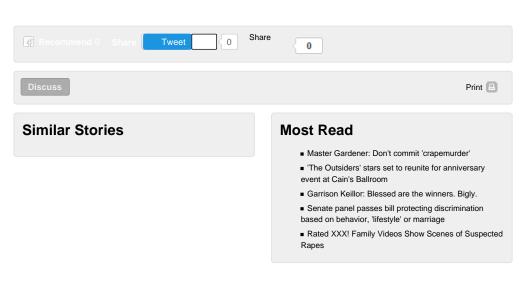
**Spring Break Movie:** Wednesday, March 15 (2-3:30 p.m.). Join us for a showing of the movie "Trolls" (rated PG) and some yummy popcorn! For all ages.

**LEGO Lab:** Friday, March 17 (2-3 p.m.). Join us for LEGO building fun! LEGOS will be provided. Just bring your imagination! For ages 5-10.

**Bounce'n Beethovens, Evening Edition:** Thursday, March 23 (6:30-7:15 p.m.). Join Katherine Battenberg from the Midtown School of Performing Arts for a high-energy parent/child music class that introduces children to a variety of musical instruments and styles. For newborns to 5-year-olds. Class size is limited and registration is required. Register online or call 918-549-7323. Sponsored by the Friends of the Helmerich Library.

**Preschool Yoga:** Friday, March 24 (10:30-11 a.m.). Join certified yoga teacher Jeanne Doss for a free parent/ child class featuring interactive stories and yoga poses. Class size is limited and registration is required. Register online or by calling 918-549-7323. For ages 3-5.

**Bounce'n Beethovens:** Friday, March 31 (10-10:45 a.m.); Friday, March 31 (11-11:45 a.m.). Join Katherine Battenburg from the Midtown School of Performing Arts for a high-energy parent/ child music class that introduces children to a variety of musical instruments and styles. For newborns to 5-year-olds. Class size is limited and registration is required. Register online or by calling 918-549-7323.

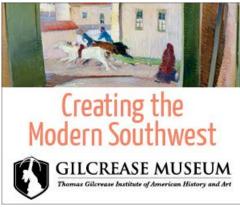


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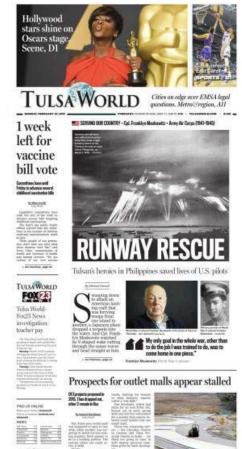
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