

Stillwater author pens harrowing memoir of abuse and triumph

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Alton Carter recounts the first 18 years of his life in his book, "The Boy Who Carried Bricks" (Roadrunner Press, \$18.95), which earlier this year won the Oklahoma Book Award for Young Adult Literature. Courtesy



Library Event

• Alton Carter will join romance novelist Rosanne Bittner, and thriller writer Alison Gaylin as the featured guests of "Chapters: A Casual Evening of Books, Bards and Bites," which benefits the Tulsa City-County Library's Ruth G. Hardman Adult Literacy Center.

The event is 6:30 p.m. Thursday at the Hardesty Regional Library, 8316 E. 93rd St.

• Tickets are \$50 and will be available at the

By James D. Watts Jr. Tulsa World | = 0 comments

It's a question Alton Carter is often asked whenever he shares the details of his life story.

By any measure, it is a harrowing tale — one of deprivation and abuse, that led Carter at the age of 11 to walk away from his family and find himself in the state's foster care system, that offered only different kinds of pain and neglect.

"Maybe the question I get asked the most is, 'What's the secret?' " Carter said. "What was it about me that led to my making my way out, when my siblings didn't? Honestly, it was more about other people who got me to believe in myself, who showed me that I did have some value."

Carter recounts the first 18 years of his life in his book, "The Boy Who Carried Bricks" (Roadrunner Press, \$18.95), which earlier this year won the Oklahoma Book Award for Young Adult Literature.

Carter begins with his birth certificate, notable because the space for the name of his father is blank. In spare, matter-of-fact prose, he writes about his mother's slide into depression and drug addiction, the abuses he and his siblings suffered from family members, his journey through a series of





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often abusive foster homes and his time at a boys' home in Perkins, where he was forced to carry bricks until he collapsed.

But during the dark times, Carter said, he frequently encountered people who "saw more than just a broken foster child, who cared about me and were willing to help in whatever way they could."

The encouragement of these mentors helped Carter become the first person in his family to graduate high school. He would go on to attend Oklahoma State University, ultimately graduating in 2009.

Now the director of youth ministries at the First United Methodist Church in Stillwater, Carter said he would often share stories

about his childhood, "and whenever I did, there would always be people - kids and adults - who would come up to me and say they could relate, that they had or were going through similar troubles.

"That was really the reason why I decided to write the book," he said. "There's a whole bunch of people in the world who are still trying to deal with the past, and I wanted to be a voice for all those trying to heal those wounds."

But the process of revisiting his past, and setting it down in details, was far from easy. Out of respect for his mother, Carter did not begin working on the book until after her death in 2013.

"But even so, when I was writing, I felt such a great amount of guilt, that I was betraying members of my family, and that the people who knew me now would judge me and think less of me because of what I'd lived through," Carter said.

What Carter discovered was just the opposite.

"Telling my story led to relationships that I would never had expected to have," he said. "When my mother died in 2013, even though we never had a great relationship, I was just empty inside when it happened.

"But within just a few weeks, one of the families I go to church with showed up at my door," Carter said. "And they told me they looked at me as if I were their own son. They just took me in. They're like grandparents to my children, they call me 'son' ..."

Carter's voice trailed off for a moment. Then he said, "They loved me for who I was. And that's true of all the people in that congregation. They helped me see that I can't do this that I can't deal with my past in order to make a better future for my family — on my own, and also to see that I wasn't alone."

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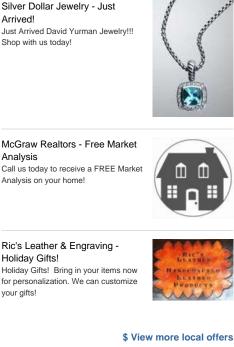
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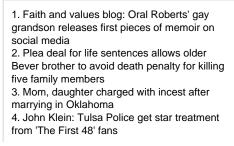
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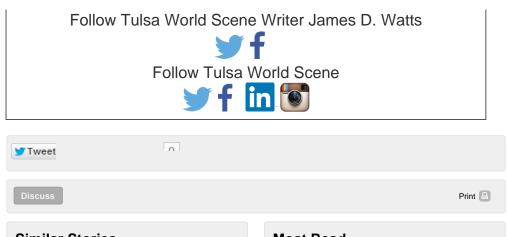
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