

Noteworthy

EVENTS TO INSPIRE, EDUCATE AND MOTIVATE!

NEW "A4" STUDY LOOKS FOR WAYS TO PREVENT ALZHEIMER'S DISEASE

Across the country, Canada and Australia, a landmark clinical trial is searching for a way to prevent memory loss associated with Alzheimer's disease. Locally, **Tulsa Clinical Research, 1705 E. 19th St., Ste. 408**, is screening potential participants. The study is searching for 1,000 adults, between the ages of 65 and 85, who may be at high risk for developing the disease, but who are not experiencing symptoms. Potential participants will receive a PET imaging scan to determine if they have an elevated level of amyloid plaque in the brain, a condition linked to Alzheimer's disease. If chosen, participants will be required to visit the clinical research site once a month and to test a new investigational antibody treatment. The study will last for approximately three years. The study also aims to attract participants from diverse backgrounds to provide data that may shed light on why many groups and individuals, including women, African-Americans, and Hispanic and Latino Americans are at a higher risk for developing Alzheimer's disease. "The A4 study is exploring whether we can treat Alzheimer's disease the same way we now address high cholesterol and heart disease – halting the disease before it even starts," said Reisa Sperling, MD, principal investigator of the A4 study. "The A4 study offers new hope that we can give people a way to fight back. We hope to eventually spare other generations from ever facing this devastating disease." For more information or to volunteer for the A4 study, call (844) A4-STUDY (247-8839) or visit www.a4study.org.

A SALUTE TO VETERANS: A CONCERT FOR THOSE WHO SERVED



Fort Sill's 77th Army Band will give a patriotic concert in honor of Veteran's Day on **Sunday, Nov. 8, at 2:30 p.m.**, at the **Broken Arrow Performing Arts Center, 701 S. Main St., Broken Arrow**. The concert will benefit the Oklahoma Military History Center in Broken Arrow, and costs \$5 per person, which includes a visit to the Military History Center. For more information or to buy tickets, call (918) 794-2712 or visit the **Oklahoma Military History Center, 112 N. Main St., Broken Arrow**.

ENJOY LIFE AT EAST SIDE FRIDAY NIGHTS

LIFE's Senior Center at East Side, 1427 S. Indianapolis Ave., Tulsa, will open its doors, **Friday, Nov. 13**, for an evening of dancing and more! No matter what your skill level, you too can hit the dance floor with confidence as you follow along with ballroom dance instruction by Sunny Lile and Leland Peters at 6:30 p.m. Then, at 7 p.m., Skip Ennis will get the party started with a variety of music, including rock 'n' roll, country and ballroom favorites. Admission to the dance is \$5, and doors open at 6:15 p.m. For those who have two left feet or simply want a change of pace, there also will be Wii bowling, cards and games, as well as a screening of the movie *Big Eyes* with Amy Adams. These additional activities are free. Refreshments will be available from the East Side Christian Church youth group. For more information, call (918) 744-6760.

INTERACTIVE PROGRAMS HELP EXPLORE END-OF-LIFE ISSUES



"Dying: Can We Talk?" is a series of free public programs designed to help you discuss end-of-life issues before it's too late. Presented by Clarehouse, a nonprofit community home for the dying, in conjunction with Tulsa City-County Library, this series will educate participants in end-of-life planning and navigating the healthcare system. The first session, "Can't We Talk About Something More Pleasant?," will feature award-winning cartoonist Roz Chast speaking about her graphic memoir of the same name, which depicts her difficult journey in providing care for her elderly parents. The event will take place **Oct. 27**, beginning at **6:45 p.m.**, with a book signing to follow. The second session, "Can't We Talk About Something Less Complicated?," will include a physician panel discussing the current landscape of end-of-life care on a local and national level. This event will take place **Nov. 3**, beginning at **7 p.m.** The last event, "Can't We Talk About Something Less Personal?," will feature a panel of individuals discussing their experiences surrounding end of life. This event will take place **Nov. 10**, beginning at **7 p.m.**, with a resource fair to follow. All events will take place at **Hardesty Regional Library, 8316 E. 93rd St., Tulsa**. For more information, call (918) 549-7323.

SHINE A LIGHT TO HONOR THOSE IMPACTED BY LUNG CANCER

The 7th annual Shine a Light on Lung Cancer event aims to honor those impacted by lung cancer and to bring attention to the disease. With some 300 Shine a Light events taking place this November for Lung Cancer Awareness Month, these events feature a lighting of flashlights and provide hope, inspiration and support, as well as education about groundbreaking advances for survival. The Tulsa Shine a Light is free and will begin at **6 p.m., Nov. 12**, at **Oklahoma Heart Institute, 1200 S. Trenton Ave., Tulsa**. For more information, call (918) 579-5864.

TULSA'S MOST FAMOUS LIVING ARCHITECT TO SHARE STORIES OF HISTORIC MAPLE RIDGE



Tulsa's historic Maple Ridge District will come to life through the stories of John Brooks Walton, an Oklahoma-born architect and architectural historian. A Ponca City native turned long-time Tulsa transplant, Walton not only designed houses during his career, but also purchased and restored historic homes, including the Simpson House and Skelly Mansion. These days, Walton is an active resident of Saint Simeon's Senior Community and was recently called "Tulsa's most famous living architect" by the *Tulsa World*. Walton will share stories of how the Maple Ridge District came to be, along with photos of historic homes, during a lecture at **Saint Simeon's, 3701 Martin Luther King Jr. Blvd., Tulsa**, on **Nov. 7**, beginning at **10 a.m.** This event is free and will include a complimentary brunch. For more information and to RSVP, call (918) 749-1945 by **Nov. 3**.

SEE TULSA PATTERNS (FIREFLY REFERENCE), URBAN CORE ART PROJECT: TULSA'S HIDDEN GEM

Tulsa Patterns (Firefly Reference) by James Woodfill is an urban light installation located at the **Mimosa Tree-Pinnacle building, at the northeast corner of Third Street and Detroit Avenue**. Only open through **April 2016**, this installation uses a system of battery-operated lights, powered by the sun, that flash throughout the night in random patterns generating new perceptions of urban Tulsa. As you move through this part of downtown Tulsa, the shifting light patterns will reshape your experience of place. The project, launched by Urban Core Art Project, has been endorsed by the Tulsa Arts Commission and is privately funded.



Military Historian **Rick Atkinson**

Coming to Tulsa to Receive Prestigious Helmerich Award

When veteran journalist turned author Rick Atkinson set out to create his epic trilogy on the U.S. Army's role in the liberation of Europe in WWII, he was determined to have a distinctive narrative voice and bring a literary sensibility to writing about war. "[I wanted] to make that voice compelling enough and vivid enough that even people who are well read about WWII feel that they are coming to the story fresh," said the three-time Pulitzer Prize winner in a 2013 interview.

Atkinson's zest for hard facts and literary prowess paid off as his Liberation Trilogy garnered numerous accolades and prizes, including a Pulitzer Prize for the first volume, *An Army at Dawn: The War in North Africa, 1942-1943*, in 2003. *The New York Times* praised the second volume, *The Day of Battle: The War in Sicily and Italy, 1943-1944*, as "a triumph of narrative history, elegantly written," while the concluding volume, *The Guns at Last Light: The War in Western Europe, 1944-1945*, rose to the top of *The New York Times* best-seller list shortly after its release in May 2013.

"WWII has had a profound impact on virtually every aspect of our country, from our national evolution on issues of gender and racial equality, to our standing as an economic and military superpower," said Atkinson, who is coming to Tulsa on Dec. 5 to receive the Tulsa Library Trust's Peggy V. Helmerich Distinguished Author Award.

The son of a U.S. Army officer, Atkinson's interest in war began as a child as he grew up on military bases in Europe and the United States. "I had an appointment to West Point, having given very little thought as a teenager to alternatives," he said. "Not long before I was to get on the bus to report for Beast Barracks – the first summer before plebe year – I thought better of it. I saved the Army a lot of trouble."

Instead of joining the service, Atkinson decided on a different path in life, but one still rooted in the military. "When I began working at *The Washington Post* more than 30 years ago, the fact that I'd grown up in an Army family meant that I knew the difference between an F-16 fighter plane and an M-16 rifle," said Atkinson, who served as a reporter, foreign correspondent and senior editor for the nationally-renowned newspaper for more than 20 years. "From the first day I started at the Post, I was often given assignments that had some military angle. It wasn't too big a stretch to move from that sort of journalism to writing military history."

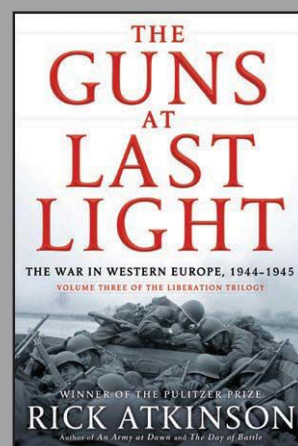
During his prestigious journalism career, Atkinson covered war firsthand in Kuwait, Bosnia, Somalia, Afghanistan and Iraq. He also wrote about a thousand other topics, ranging from politics and crime to sports and

European culture. He won his first Pulitzer Prize in 1982 for national reporting and his second in 1999 when *The Washington Post* was awarded the Pulitzer Prize for public service for a series of investigative articles directed and edited by Atkinson on shootings by the District of Columbia police department.

Currently, Atkinson is working on a military narrative on the American Revolution. "There are certainly some figures from the 18th century I'd like to interrogate: Washington, Nathaniel Greene, Henry Knox the Howe brothers," he said. "I spent 15 years writing about various leaders in the Mediterranean and European theaters in WWII, and I'm sorry not to have had the chance to know some of them personally, from Eisenhower and Patton to Bernard Montgomery and Erwin Rommel."

*by Jackie Hill, Publications Manager,
Tulsa City-County Library*

PEGGY V. HELMERICH DISTINGUISHED AUTHOR SERIES Honoring Rick Atkinson



Books Sandwiched In:

A Rick Atkinson Sampler

Nov. 23 • 12:10-12:50 p.m.

Oklahoma Methodist Manor, Fleming Center, 4134 E. 31st St., Tulsa

Free Public Presentation

Featuring Rick Atkinson

Dec. 5 • 10:30 a.m.

Hardesty Regional Library, Connor's Cove, 8316 E. 93rd St., Tulsa

Visit <http://helmerichaward.org> for related events and more information.