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22 Sand Springs Leader

Thursday, February 5, 2015 / **COMMUNITY**

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Laura Crutcher / Sand Springs Leader

The library hosts various events throughout the year. Krute leads Miss Connie's Story Time every Thursday at 10:30 a.m. for ages 5 and under.

Pratt Library to host story time, cooking class for seniors

By **Laura Crutcher**
Staff Writer
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It's not every day that a chef can offer his tasty creations at no cost, along with instructions on how to eat daily. Chef Jay Moore from the Culinary Institute of Platt College in Tulsa will

a good turnout and was pleased to return. "It was a lot of fun. People ate a bunch and learned how to make their own snacks," she said. For the seniors' class, Krute also expects a good turnout. She said Green Tree Assisted Living is forming a group and the Sand Springs Senior Citizens



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w. Ave.) on Monday Feb. 9 from 10:30 to 11:30 a.m. to host a healthy cooking class for seniors.

Titled "Bless Your Healthy Heart," the class will present expertly created heart-healthy foods and recipes to senior citizens. Moore will also share tips for grocery shopping and dining out.

Moore has presented a class to children at the Pratt Library, teaching them how to make after-school snacks, such as wraps.

Connie Krute, Youth Associate of Platt Library, said Moore enjoyed teaching the kids' cooking class, had

Krute is putting tables in the activities room to make dining more comfortable. Moore will bring the food already prepared. The facility is wheelchair accessible.

Moore, a graduate of Charles Page High School, runs the Culinary Institute's restaurant, Foundations, at 3717 S. Sheridan in Tulsa. His students gain hands-on experience in all aspects of the restaurant business, alternating between cooking multiple courses and serving customers.

The Pratt Library class is free but registration is required by calling 918-549-7638.

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