



FROM THE LIBRARY

Library can help you access wealth of resources for people ages 55 and older

By Linda Wallace
Children's Library Associate
Skiatook Public Library

Attention! We will have five more Osage language classes which meet at 6 p.m. in the Skiatook Library Meeting Room. Classes will resume in September, but you are welcome to attend any of the classes in April.

This week we would like to feature an incredible source of information for those of us who are 55 and older. If you would like to view this site, but need help, remember that we have the computers and knowledge to get you started browsing this site at your local library.

Rebecca Howard, a librarian at the Zarrow Regional Library, writes: "Welcome to the

Library's In the Know 55+ guide. The resources in this guide are designed to assist those who are 55 years of age and older, whether they are planning for retirement, selecting a second career, or caring for a parent or spouse."

This vast resource can be accessed at: www.tulsalibrary.org/55plus, and it provides information regarding the following sorts of resources —

Community Centers:

- Skiatook Senior Citizens Center for dominos, crafts, lunches and birthday parties.
- Owasso Community Center craft classes, covered-dish lunches and more.
- Collinsville Senior Center. Enjoy a variety of ongoing activities, meals and health programs.

Community Resources:

- 2-1-1 Helpline. Call 211 to find service for food, clothing, health care, shelter, housing, support groups, legal aid, employment and many more human services in your area.

- Meals on Wheels.
- Osher Lifelong Learning Institute offers classes through O.S.U.—Tulsa for people ages 50 and older.

Volunteer Opportunities:

- RSVO Retired Senior Volunteer Program connects volunteers to community needs, and more.
- Volunteer opportunities at the library, and with the Literacy Program.
- Support for caregivers.
- 24-hour helpline and referral services for the Alzheimer's Association/Oklahoma and Arkansas

Chapter.

- University Village Retirement Community provides caregiver luncheons and caregiver training.

- Recommendations for books, such as "Aging is a Family Affair" by Mary Ann Massey; "The Best Care Possible" by Ira Byock; and "A Bittersweet Season" by Jan Gross.

- Travel and Leisure for 55+.

- Online resources such as AARP Travel Tips on destinations, bookings and discounts.

- Best Senior Travel Websites.

- Walking the World is a site for people 50 and older who enjoy meeting, traveling and walking with others who share their love of adventure and sense of wonder about the world.



SUBMITTED PHOTO
Harold Swift uses a Skiatook library computer to connect with the wider world and find helpful information.

	<p>\$110,000</p> 	<p>\$135,900</p> 	<p>\$189,900</p> 	<p>Subdiv. yard: \$142,900</p> 
<p>307 N. Supernaw St. - Skiatook Two lots, great home and landscaping, workshop, greenhouse and storm cellar, living w/FP open to kitchen, 3/2/2. Office, patio, privacy and rod iron fencing, 3 sheds. \$149,000</p>	<p>5042 Woodland Drive - Skiatook Quail Run Estates, trees, .81 acres M/L. New paint & carpet, 3/2/2, living with fireplace, formal dining, office, kitchen with center island, wood & tile floors, covered and open patio. \$222,500</p>	<p>15764 Crystal Bay Drive - Skiatook Crystal Pointe - 1 acre M/L. Gorgeous home, open plan and lots of windows, 3/2/2, office, living and hearth room with fireplace, huge utility, wood deck, patio overlooking lake. \$239,500</p>	<p>14752 Scenic Circle - Skiatook Crystal Bay Estates, stunning lake views, living with FP, 5/3.5/3, office, game room, kitchen with granite, in-law suite with walkout deck. Master bedroom downstairs. \$289,500</p>	<p>8118 Grey Fox Road - Sperry Berrey Farms, country setting with 5.81 acres M/L + 1.5 story log home, fenced, 5/3.5/3, kitchen w/island open to living & dining gameroom upstairs, mud & large utility room, lots of wood floors, covered porches. \$325,000</p>
<p>OPEN SUNDAY 2-4</p> 				
<p>104 E. 136th St. No. - Skiatook .85 acre M/L, adjoins golf course, custom home, 4/2.5/2, formal living & dining, den w/FP open to kitchen w/granite, gameroom w/speakers, saferoom, 40x50 workshop w/apartment. \$329,000</p>	<p>16048 Munson Court - Skiatook Secluded area, overlooking the Osage Hills, brick & stucco home, living with fireplace, lots of tile floors, granite throughout, covered porch & patio on large lot. \$350,000</p>	<p>14534 Channel Lane - Skiatook Great home for entertaining, open plan, stunning Lake views, formal living & dining, hearth area with fireplace, master & 2nd bedroom or office down and 2 bedrooms with private baths up, wood deck patio, iron fencing. Easy access to water and Marina. \$477,000</p>	<p>14410 Giorgio Drive - Skiatook Beverly Hills Lake Home with stunning views, 4/4.5/3, 3 livings, fireplace, 2 dining & kitchens, safe room, walkout basement. Open concept, lots of tile, crown molding, wood deck patio. \$749,950</p>	<p>jmarrs@tulsarealtors.com 1355 W. Rogers Blvd, Ste. 7 Skiatook, Oklahoma</p> 
<p>Call Don or Judy MARR for showing on above listings at 918-396-3963</p>				

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